

# The Spirit of Arcola

SEPTEMBER, 2023



### MESSAGE FROM THE PRINCIPAL

Hello Arcola Family,

It has been a wonderful start to this new school year! Students are settling in and making new friends and we are so excited to have them back in the halls and classrooms for the 2023-24 school year. As I have been visiting classrooms, it has been awesome to see how excited the students are about what they are learning. Our students are doing a great job learning procedures and getting back into the swing of things.

As we start this new school year, I am excited to be focusing together on fostering grit and encouraging grace among our students and ourselves. Grit determines that life challenges will neither defeat nor define us. Grace gives kindness to ourselves and others, even when it is hard. Our Lifelines this year are all connected to this yearlong focus on Grit & Grace. As we move into September we will focus on the Lifelines of Initiative and Kindness.

I look forward to partnering with you this year as we work together to support our students as they learn and grow. I hope to see you at upcoming events, and I encourage you to get involved in our PTO. The PTO is a great supporter of Arcola and works hard to support students and staff. They also provide funding to support special programs and activities for our students.

I know we are going to have a great year together at Arcola! Be sure to check out some of our fun events, learning and activities featured on Instagram @arcolaelementaryschool. If you have questions that come up throughout the year, please reach out to your child's teacher or feel free to contact the school office and we will be happy to help you.

Thank you for all your support and help in getting this year started on such a positive note!

In Partnership, Kate Johanningsmeier Principal

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### IMPORTANT dates and events

- 9-4 Labor Day, No School
- 9-6 Student Picture Day
- 9-8 Cross Country Meet @ Eel River 5:30
- 9-11 5th grade Band Night
- 9-13 Cross Country Meet @ Jorgensen 5:30
- 9-14 PTO Meeting 6:00
- 9-15 Popcorn Day
- 9-15 Save around town fundraiser ends
- 9-17 PTO Spirit wear window closes today
- 9-20 Staff developement day, No Students
- 9-21 Mid Terms home grades 2-5
- 9-21 Guadalupe's Dine to donate
- 9-21 Cross Country @ Hickory Center 5:30
- 9-22 Kdg. to Kuehnerts Farm
- 9-25 Spirit Week
- 9-27 Cross Country @ Jorgensen 5:30
- 9-28 PTO Bingo Night
- 9-29 Cross Country @ Perry Hill 5:00



#### **CROSS COUNTRY**

Cross Country has begun! Arcola has 40 runners this year that will be competing in 6 races. Anyone can come cheer them on as they learn the lifelines of perseverance, courage, positive attitude and sportmanship! Check out the calendar on page one for dates and times. Looks like our 3rd grade girls are off to a great start! GO EAGLES!

# HEALTHY TID BITS FROM NURSE BRENDA R.N.

- All medications must be brought into the school office by a parent or guardian.
- All medication needs to be in its original container. No "baggies"
- Please send in the appropriate strength for your child. If it is adult strength, you will need a prescription note from your doctor stating it is okay for them to take.
- Students may keep a supply of cough drops in the nurse's clinic.



### FROM THE COUNSELOR'S CORNER

Amy Saleh, counselor

It is so good to be back!! We have had a great start to our school year. Establishing daily routines will help your student do their best and help deal with change when it may arise. Consider starting one of the following routines in your household if you haven't already. Play a soothing song in the morning and ask them to be dressed and ready by the time it is over. Offer your child healthy choices for breakfast (ex. whole wheat bagel with peanut butter; orange juice blended with fruit and yogurt; instant oatmeal). Ask your child to share two good things that happened during the day. Help your child choose a time for homework when they are most alert—and try not to change it. Suggest that your child get in bed 15 minutes early to read, make up stories, or talk quietly with you. These routines might help your child feel relaxed, energized, connected, prepared and rested. What a great way to start each day!

### **NEWS FROM ARCOLA PTO**

Thank you to everyone who stopped by the PTO table at back to school night. It was great to see everyone again and meet new families! PTO memberships are due Friday, September 8th to be counted towards the tally for class with the highest percentage of memberships. The class with the highest percentage of memberships will win an ice cream party!

PTO Meeting - Our first PTO meeting of the school year will be on Thursday, September 14th at 6pm in the cafeteria. We hope to see you there!

Save Around - This year we are doing Save Around coupon book sales online only. Please consider purchasing a coupon book and don't forget these can be purchased for other cities so out of town relatives can also purchase books for their city. The last day to purchase a Save Around coupon book is Friday, September 15th.

https://www.sapaynow.com/88463

Spirit Wear - We have some great new designs this year and additional clothing options available. The kids love to wear their Arcola Eagles shirts on Eagle Extravaganza! Spirit Wear is also a great gift idea for those hard to shop for parents and grandparents:) The last day to purchase Spirit Wear is Sunday, September 17th.

https://arcola.spiritsale.com/

Guadalupe's Dine to Donate - Our first Dine to Donate will be on Thursday, September 21st at Guadalupe's on Illinois Road. This has been a favorite location in the past so be sure to dine in or carry out!

Spirit Week/Coin Race - Spirit Week will be September 26-29. During this week we have fun theme days for each day and a coin race all week long. The class with the most money at the end of the coin race will win a pizza party and the teacher will receive a Scholastic gift card to purchase classroom materials!

Bingo Night - Candy Bar Bingo Night will be on Thursday, September 28th. Please note this is a change from the original date due to a conflict with a cross country meet. Join us for a night of bingo with lots of candy options for winners. We will also have raffle prizes available. This is always a fun evening and a great opportunity to meet other families at Arcola!

#swimminglessonskeepussafe





WE HAVE LOTS OF LOST AND FOUND ALREADY! IF YOUR CHILD IS MISSING SOMETHING TELL THEM TO COME TO THE FRONT OFFICE TO SEE IF ITS BEEN TURNED IN TO THE LOST AND FOUND BOX.

#### YEARBOOKS AND SCRIP

YEARBOOKS ARE IN AND WILL BE COMING HOME NEXT WEEK! IF YOU HAVE A CHILD WHO HAS MOVED ON TO MIDDLE SCHOOL WE WILL SEND IT HOME WITH THEIR YOUNGER SIBLING. ALL OTHERS WILL BE SENT TO THE MIDDLE SCHOOL TO BE PICKED UP IN THE OFFICE. SCRIP REBATE CHECKS WILL BE COMING HOME NEXT WEEK TOO! WE WILL HAVE OUR FIRST SCRIP ORDER GO HOME 9-15 AND WILL BE DUE 9-18.

